



R5 High School

# Phoenix Gazette

Hello R5 Community,

The 2023-24 school year is off to a great start here at R5 High School. We started this school year with our first ever 3-day intensive for the beginning week of school which provided opportunities for all learners to connect with and get to know the staff at R5 High School through outdoor activities and personal reflections. Following our 3-day intensive, learners were provided opportunities to select their advisor for the year and sign up for clubs that will run each Friday morning bringing their interests and learning together.

We are now moving forward with our academic learning through first quarter projects and orientation that is focused on building life and knowledge skills for all learners to be successful under the unique model R5 High School offers. As the alternative high school in the Grand Valley, R5 High School is providing expanded hands-on opportunities that connect the real-world to daily learning because we know the learners who attend R5 High School need and want different opportunities. We have high expectations for all learners to help them succeed and prepare for life beyond high school. If you haven't done so already, we encourage you to review our R5 Learner Handbook to understand in greater depth the expectations and requirements for learners to be successful at R5 High School. As a vocational readiness school, R5 High School seeks to support the development of career and future readiness skills for everyone and as the lead learner at R5 High School, I'm excited about what is taking place and the feedback we are receiving from learners around what is being provided.

We consistently strive to learn each day what learners need and how we can serve them better by providing the very best learning opportunities. We also appreciate feedback and input from the community as well. ***The next opportunity to engage in conversation and feedback will be at our quarterly Principal Accountability Meeting, also known as PAC, on Thursday, September 7th at 11:30am.*** Come join me to discuss what is working and what needs to be looked at for continued improvement, I always look forward to connecting with our community to gather additional information about how we can continue providing the very best. Keep reading below to learn more about our team and events happening during the month of September at R5 High School.

Nick Steinmetz  
Principal

## THIS MONTH

*Updated Bell Schedule!  
Eureka Program Details  
Staff Highlights  
Student Bus Pass Information*



# Updated!

## R5 High School 23-24 Bell Schedule

MONDAY A-Day	TUESDAY B-Day	WEDNESDAY A-Day	THURSDAY B-Day	FRIDAY
<b>7:45 - 8:00</b> <b>BREAKFAST</b>				
8:00 - 10:00 <i>BLOCK 1</i> Period 1	8:00 - 10:00 <i>BLOCK 1</i> Period 2	8:00 - 10:00 <i>BLOCK 1</i> Period 1	8:00 - 10:00 <i>BLOCK 1</i> Period 2	8:00- 10:00  <i>Graduation Proficiency Intensive</i>
10:00 - 10:30 <i>ADVISORY</i>	10:00 - 10:30 <i>ADVISORY</i>	10:00 - 10:30 <i>ADVISORY</i>	10:00 - 10:30 <i>ADVISORY</i>	<i>report to advisory</i>
<i>Period 3</i>				
10:30 - 12:30 <i>BLOCK 2</i> Period 4	10:30 - 12:30 <i>BLOCK 2</i> Period 5	10:30 - 12:30 <i>BLOCK 2</i> Period 4	10:30 - 12:30 <i>BLOCK 2</i> Period 5	10:30 - 12:00 <i>R5 CLUBS</i> Period 8
<b>12:30 - 1:00</b> <b>LUNCH</b>				
1:00 - 2:45 <i>BLOCK 3</i>	1:00 - 2:45 <i>BLOCK 3</i>	1:00 - 2:45 <i>BLOCK 3</i>	1:00 - 2:45 <i>BLOCK 3</i>	<b>PHOENIX FRIDAY</b> <b>(No Classes)</b>
<i>Periods 6-8 Secondary Placement</i>				

No time is given to passing periods. R-5 is a vocational readiness school and we teach the learners to take care of their biological needs, at appropriate times, as they arise. The bell denotes when learners should switch classes; all classes are in close proximity and do not need extra time to travel to the new class.



# HIGHLIGHTS



*Katie Allender*  
*Interventionist*

I am Katie Allender and the 23/24 school year will mark my fourth year at R-5 High School and seventh year in education. I am taking on a new role this upcoming year and will be a part of the Restorative Practices team.

I am an eternal optimist and I believe everything will always turn out just as it is meant to; I love singing to Taylor Swift, usually at the top of my lungs; and reading in the sunshine, under a shaded tree, is one of my favorite pastimes. I look forward to another fantastic year at R-5!



CARD

Address



*Jess Longshore*  
*Social Studies & Eureka! Team Lead*

Interesting fact: I love bike races, vintage postcards, and exploring our beautiful state!  
Quote: "Wildness reminds us what it means to be human, what we are connected to rather than what we are separate from."  
— Terry Tempest Williams



*Dionna Martinez*  
*Behavioral Para*

I am Dionna Martinez, but everyone calls me Dee! I am a behavioral para and this will be my third year at R5.

I was born and raised here in Grand Junction, Colorado. I love reading, I enjoy watching rom-com movies and spending time with my 7-month-old daughter.

I am always trying to have a positive point of view and you can always catch me laughing or with a smile on my face.



*Brian Glassey*  
*Math*

Before joining R-5 I was a Track & Field coach and a sport psychology consultant. I worked with all sorts of students and athletes of all ages. I also taught Nutrition, Sport Psychology, and Coaching courses at Adams State University in Colorado and Ave Maria University in Florida.

I enjoy hiking and running on the trails with my wife Riley and our dog Rod.



R5 IS CLOSED SEPTEMBER 4TH



IN OBSERVANCE OF LABOR DAY



It's almost fall y'all!

DISTRICT 51

### STUDENT BUS PASS PROGRAM

D51 Middle & High School Students

Ride Grand Valley Transit FREE

Students Ride Free August 1, 2023 - August 31, 2024

Complete the online form & pick up a pass from participating locations



Youth 11 & Under  
Ride Free With  
Any Passenger

Snap the QR Code to Register  
Pick up pass at these locations



D51 Schools, GVT Transfers,  
Mesa County Public Libraries,  
Grand Junction Parks & Recreation

[gvt.mesacounty.us](http://gvt.mesacounty.us)



If you need help outside of these days/times and this is a crisis situation, please use one of the following resources:

- \* Call 911 emergency line
- \* Safe2Tell - call 1-877-542-SAFE to submit an anonymous report to law enforcement and school administration
- \* Suicide Prevention Lifeline (click for link) or call 1-800-273-TALK
- \* Colorado Crisis: 1-844-493-8255 or Text: 38255



*Healthy School Meals  
— for All is —  
More than a Meal*



**More than a Meal Application Includes**

*For Schools:*


- Extra staff to support teachers
- Discounted internet costs
- Equipment grants to improve meal quality

*For Qualifying Households:*

- Discounted utility and internet
- Waived Curricular fees
- Discounted AP test fees
- Discounted bus passes



Scan the QR Code or visit [bit.ly/d51morethanamealapp](http://bit.ly/d51morethanamealapp)



# R5 STUDENT SHOWCASES

Join us Thursday, September 14th from 3:15 - 6:15 pm to meet your learners' teachers and see what your student has been up to!

455 North 22nd Street, Grand Junction, CO 81501 970-254-6880

## Parents, Guardians & Caregivers

**Please note:**  
If your child is grabbing milk only from the cafeteria line during breakfast or lunch, they will be charged 95¢.

Milk by itself is NOT included in the newly adopted program Healthy School Meals for All.

**HOWEVER:**  
Here's a good solution - students bringing a packed lunch from home can get a "side meal" with milk by choosing at least 2 components (fruit, vegetable, grain & meat) of the 5 offered daily and it will be free to them as well.





## MISSING CHROMEBOOK CHARGERS

- If you still have a Chromebook charger issued to your account, you will need to pay \$35.00 to the front office to be issued a new one.
- We will have new ones for sale beginning next week for \$15.00 at the front office.



\$12 ON AMAZON:



# Principal Accountability Committee Quarterly Meetings

A quarterly meetup to connect, discuss & reflect on the great things happening at R5.  
The meetings are only an hour long and begin at 11:30.

**September 7th - November 9th - February 5th - April 4th**

Please email Lindsey Chitwood at [lindsey.chitwood@d51schools.org](mailto:lindsey.chitwood@d51schools.org) if you're interested in attending!





McConnell Science Museum  
**EUREKA! & R-5**

**SCHOOL YEAR 2023-24**



**GENERAL SCHEDULE**

Mon: 1:00pm - 3:15pm

Tues: 1:00pm - 4:15pm

Wed: 1:00pm - 3:15pm

Thurs: 1:00pm - 5:15pm

Quarterly weekend trips & overnights

**WHAT TO EXPECT**

- Outdoor Adventures
- Career Exploration
- Art & Science
- Overnight Expedition Trips
- Credit Recovery Options

- Rock Climbing
- Mt. Biking
- Water Sports
- Camping
- Hiking
- Community!



**WHAT IS THE DISTRICT 51 FOUNDATION?**

The D51 Foundation (D51F) raises money to support our local schools, prioritizing funding for professional learning, technology and innovation, and staff and student wellness. Our mission is to raise funds for academic growth and achievement while promoting outreach to benefit kids and our community.

[www.d51foundation.org](http://www.d51foundation.org)





## What you should know about R5's Secondary Placement

Learners are required to have one of the following Secondary Placements during their enrollment at R5 High School:

Job with  
a Verified  
Employer

or

Approved  
Internship  
and/or  
Volunteer  
Position

or

Concurrent  
Enrollment  
at WCCC/D51  
Career  
Center

or

Enrollment  
& Participation  
in the  
R5 YPP  
Program

or

Enrollment  
& Participation  
in the  
R5 Eureka  
Program

✓ Secondary Placement is a **required** part of the R5 program

## Save the Dates!

Oct. 11th - 2nd Annual Fall Festival

Oct. 12th - No School - Teacher Workday

Oct. 13th - No School - Inservice Day

Oct. 16th - No School - Conf. Exchange Day

Oct. 17th - Beginning of 2nd Quarter

need  
help?

If you need assistance with anything at R5, please visit the R5 website or call the main office at 970-254-6880 during the hours of 8 am-3 pm M-F.

Our Staff is committed each and every day to their work, our Mission:

R-5 uses Restorative Practices and Project-Based Learning to support learners in becoming thriving citizens. R-5 is committed to ensuring all learners will develop critical-thinking skills, cultural and self-awareness, and global citizenship through an individualized whole-person approach, commanding high expectations and providing mastery learning with a compassionate, responsive, and collaborative environment.

...to guarantee that 100% of our graduates will be post-secondary ready.